
TAKE ACTION

SIGN PETITIONS

Some sustainability-related actions, like signing an online petition, can be quick and easy. But in doing so you can assure that your voice is heard and focus your attention to the most current and urgent issues.

There are multiple websites that house lists of ongoing petitions related to environmental and indigenous issues in Canada.

House of Commons has its own [page dedicated to the petitions](#) which are calling for government's attention. Simply put "environment" or "indigenous affairs" into the search bar and choose a petition you would like to support.

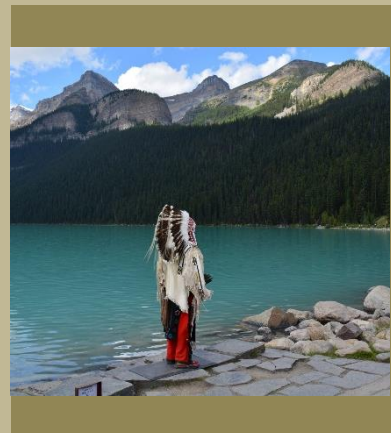
Some other good resources with established reputation that you can look at for Canada-wide action include [Green Peace](#) and [Amnesty.org](#) websites which focus on environmental and justice issues respectively.

Meanwhile, smaller websites and organizations such as [Environmental Defence](#) or [CARE2 Petitions](#) may have information and petitions regarding more local issues. Such websites may also be more responsive to and up to date with the issues of smaller scale but equal importance.

IT IS NOT ONLY ABOUT THE ENVIRONMENT

Sustainability is not only about the environment. It is also about people who are affected by the environmental change and equitable treatment of those, who are most vulnerable in sight of this change.

Often, indigenous communities are one of the most affected groups, so when choosing your next petition, try searching for ones that have indigenous people in mind.



VOLUNTEER

In the last issue we briefly discussed volunteering opportunities as a way to spend time in nature. But it is first and foremost a way to act on preserving the local ecosystems and help them thrive.

Most of the regional parks offer volunteering opportunities to those who are keen to help. If you feel like Stanley Park may be too far away, you can always help without travelling far from UBC. Pacific Spirit Park, for instance, has its own volunteering program. Throughout spring and summer months you can work with the stewardship group to help remove invasive plant species and restore native ecosystems by planting indigenous plants.

It is not only parks that need helping hands! BC SPCA has a division dedicated to helping wildlife. Volunteering roles range from education and administrative roles to transportation, and do not necessarily require expertise in wildlife preservation. Wildlife Rescue BC also offers great opportunities to help injured animals and promote wildlife welfare in general.

FIND OUT MORE

Do not feel like our options are a good match for you? No worries! There are many places that help volunteers find existing opportunities.

Check out [Volunteer Canada](#), [Green Volunteer Opportunities](#) and [VolunteerMatch](#) to see if there are options that will interest you!

